



STAR OF THE SEA SCHOOL GUIDELINES FOR STUDENT ILLNESS

Many parents ask, “Is my child really sick enough to stay home from school?”

This is not always an easy question to answer. A child who is sick will not be able to perform well in school and is likely to spread illness to other children and staff.

Our school policy states that you should not send your child to school if he/she has:

- Temperature >100 in the past 24 hours
- Vomiting in the past 24 hours
- Diarrhea in the past 24 hours
- Chills
- Sore throat
- Strep throat (must be on antibiotic a minimum of 24 hours before returning to school)
- Bad cold symptoms ; very runny nose or bad cough, especially if the cough is keeping the child awake at night
- Head lice ; your child must be treated and free from any nits in hair
- Conjunctivitis ; must be on antibiotic eye drops for a minimum of 24 hours before returning to school
- Rash; an unidentified body rash, especially with fever or itching, must have a doctor’s note before returning to school
- Chicken pox ; children must stay home from school until ALL lesions are scabbed over (usually about 5 days after rash onset)

If your child is tired/lethargic, pale, has poor appetite and is generally “not themselves,” please keep him/her home. If your child becomes ill at school and the nurse feels your child is too sick to benefit from school or is contagious to the other students, you will be called to come pick up your child. Please have a transportation and childcare plan for such circumstances.

***** IT IS ESSENTIAL WE HAVE A CURRENT EMERGENCY FORM ON FILE *****

Lastly, talk to your pediatrician regarding the flu shot. Flu season is now upon us.

These guidelines are meant to serve the best interests of all the children and staff at our school. Thank you for helping us maintain a healthy and happy school population! Feel free to contact us if you have any questions or concerns (428-8400).

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